



EASY BAKED BANANAS

INGREDIENTS

Serves 4

4 Bananas (that are starting to brown)

Softened Butter

Ice-cream

Toasted Coconut Flakes to serve

1 Orange (optional)

METHOD

- 1 Preheat oven to 180°C
- 2 Slice each banana in half lengthways.
- 3 Arrange in a baking dish.
- 4 Brush with softened butter and squeeze over juice of the orange.
- 5 Bake until soft.
- 6 Serve with ice-cream and [Food Symphony Rum & Sticky Date Sauce with Coconut](#) top with toasted coconut flakes.

Enjoy!