



BLUEBERRY ETON MESS

INGREDIENTS

500ml thickened cream

1 teaspoon vanilla extract

2 tablespoons icing sugar

1 jar [Blueberries in Lemon & Gin Syrup](#)

1 packet meringues

METHOD

- 1 Place cream in a bowl and add the vanilla extract and icing sugar.
- 2 Mix with a beater until whipped.
- 3 Place a spoonful of Blueberries in lemon and gin syrup into the bottom of each glass.
- 4 Continue to fill the glasses by alternating layers of blueberries with whipped cream and crushed meringues.
- 5 Finish off with the blueberries and drizzle some of the syrup over the top.
- 6 Refrigerate until needed.